

# National Association for Premenstrual Syndrome

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N•A•P•S

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## To whom it may concern

I am writing to you as Chairman of the National Association for Premenstrual Syndromes (NAPS) in the UK.

Having heard about the Italian initiative regarding the creation of a National Association of Premenstrual Syndrome, I am delighted to express my full support to their members and collaborators.

PMS is a poorly understood and managed condition which in its severe form can affect the ability of the sufferer to function personally, socially and professionally and can even lead to suicidal intent. There is an urgent need to promote awareness among women and medical professionals internationally.

The Royal College of Obstetricians and Gynaecologists ([www.rcog.org.uk](http://www.rcog.org.uk)) has recently issued evidence based Guidelines for accurate diagnosis and management of mild, moderate and severe PMS and it would be a great achievement to have more countries following these evidence based recommendations, as we do at NAPS ([www.pms.org.uk](http://www.pms.org.uk)).

I wish ITA-PMS a great success and I hope the Italian scientific and medical community will take the opportunity to participate in the initiative to make PMS more visible and take the necessary steps to treat it according to the findings of the most recent and accurate research.

Please don't hesitate to contact me for any further information.

Yours sincerely

Nick Panay

Chairman NAPS

Honorary Director of Conferences, RCOG